Intro: \( \dot{\text{d}} = 72-144 \)
Solid: \( \dot{\text{d}} = 72-120 \)
Serious: \( \dot{\text{d}} = 126-180 \)
Advanced: \( \alpha = 92-144 \)

**Low Loopers**

**Remember:**
- Maintain an 'OOO' shape to the lips shape and a forward, 'eee' tongue.
- Use plenty of air, but don't over-blown.
- Eliminate any 'slaps' in your articulation. Keep it light.
- Also make sure you're taking in enough mouthpiece to produce a full, textured sound.

**Use a variety of articulations, rhythms, and other adaptations.**

Don't reach down for low notes, and don't reach up for high notes.
Maintain a consistent embouchure in all registers.
Use air to fill notes.